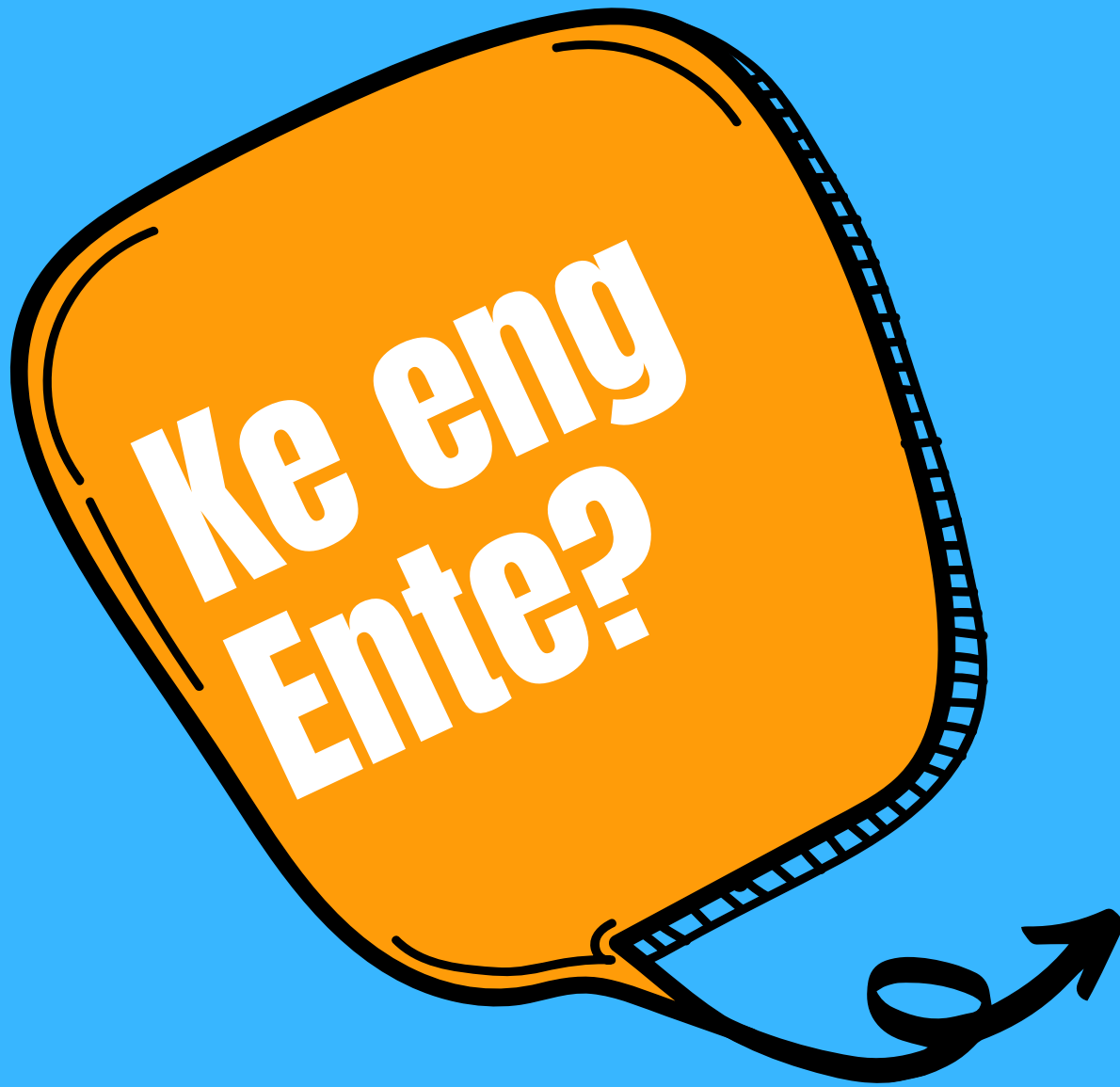
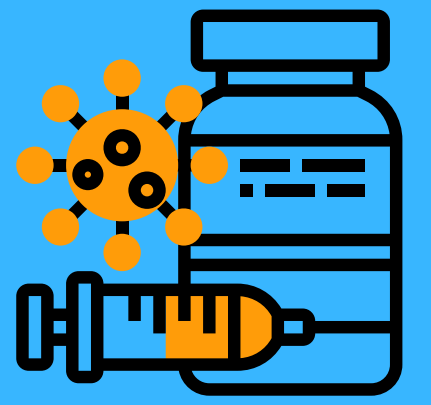


# Ente ya Covid-19: dipotso le dikarabo.



- Diente di sebedisetswa ho thibela mafu a bakwang ke dikokwanahloko tse kang: Measels, Mumps kapa Chickenpox – ebile jwale le Covid-19.
- Ente e kaba ka mokgwa wa marothodi ao owa kwenyang kapa yona nale.
- Mosebetsi wa ente ke ho thusa mmele ho lemoha ditshwaetso kapa dikwanahloko, leho thusa mmele ho lwantsha di ditshwaetso tseo mmele osa di tsebeng.

## Hobaneng re sebedisa di ente?

Di ente di thibela sewa sa ditshwaetso seka namang ho tloha ho motho e mong hoya ho babang. Di ente ke karolo ya seo re ka se etsang ho ho thibela sewa se seholo sa mafu a kotsi.

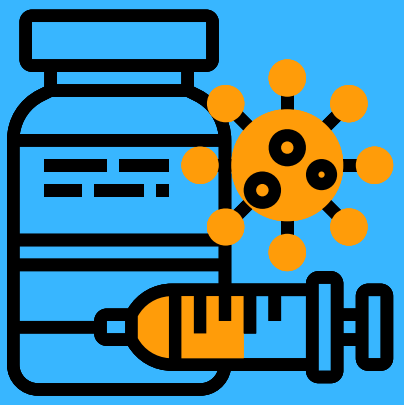
**Di ente di thusa batho ho thibela mafu ao aka ba bolayang, aka ba siyang ba kula nako e telele kapa babe le ditlamoraho tse itseng.**

Mona Afrika Borwa, bana kaofela ba entilwe kgahlanong le mafu a mmalwa a kgonang ho fola, akang Mumps, Polio, Measles, Menengitis kapa Cervical Cancer.

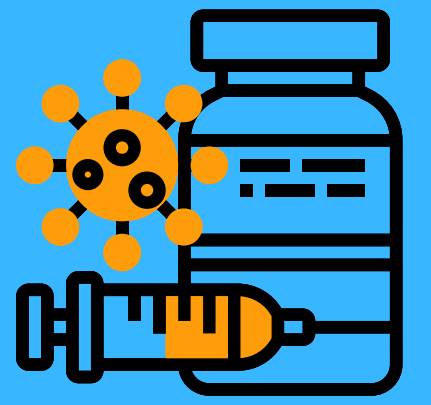
Re kgonne ho thibela ho hlokahala ha bana le batho ba baholo hobane ba entile kgahlanong le mafu aka qetang bophelo ba motho.



PEOPLE'S  
COALITION



# Ente ya Covid-19: dipotso le dikarabo.



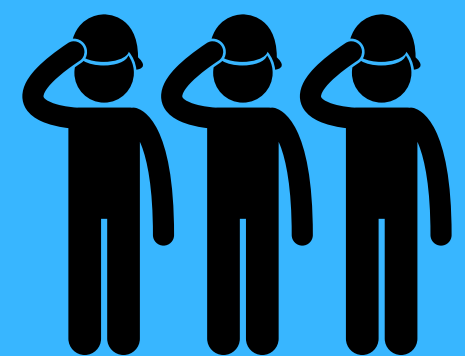
## Ke eng Masole a Mmele?

Masole a mmele ke tsela eo mmele o kgonang ho itshireletsa ka yona.

Masole a mmele a nale disele kahare tse lwantshang ditshwaetso kapa mafu; hantle jwalo ka masole.

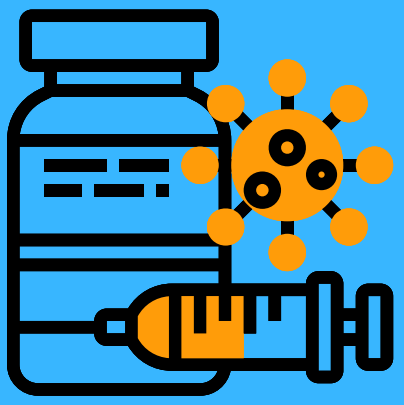
Ha o kula, mocheso wa mmele wa hao oka phahama; ena ke yona tsela eo masole a mmele a lwantshang tshwaetso ka yona.

Masole a mmele a hopola tshwaetso hore Nakong e tlang ha o ka e fumana, mmele o kgone ho itwanela oe hlole.

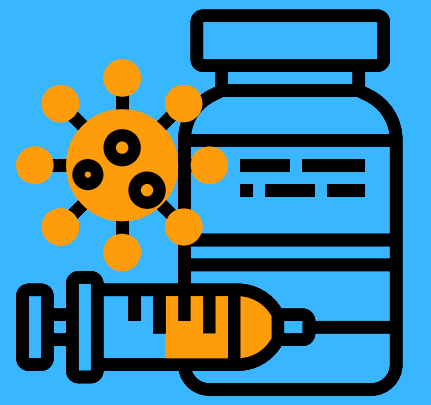


Bathong ba bang ba kang maqheku, bana kapa batho ba phelang ka mafu asa alafeheng, masole a bona a mmele a fokola mme baka hloka thuso e eketsehileng ho lwantsha mafu. Ente e thusa haholo ka sena.





# Ente ya Covid-19: dipotso le dikarabo.



Di ente di  
sebetsa  
jwang?  
(1)

Ha mmele wa hao oka kenwa ke tshwaetso eo osa e tsebeng, oka hloka thuso ya hore o tsebe ho lwantsha kokwanahloko ena encha. Ke hona moo ente e kenang.

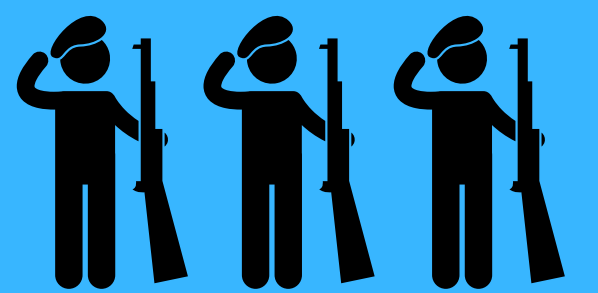
Di ente di etseditswe hore di iketse/etsise kokwanahloko mme di kwetlise mmele wa hao ho e hlola.

Ho etsa ente, bo Ra-Saense ba fetotse karolo e nyenyane ya kokwanahloko e tshwaetsanang mme ba e bolaya.

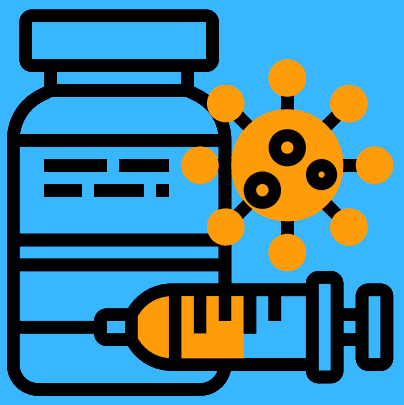
Ha baka kenya karolo e nyenyane ya kokwanahloko mo mmeleng wa hao ka tsela ya ente, e ruta mmele ho lwantsha tshwaetso ka botlalo.

Masalla a  
kokwanahloko eo  
akeke ao kudisa, a mpa  
a ruta mmele ho  
itshireletsa.

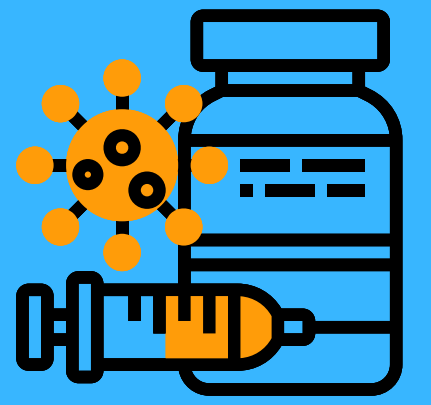
Di ente di ruta masole a hao a mmele ho etsa di thibela mafu kgahlanong le kokwanahloko e eitseng. Di thibela mafu tsena ke di protheini tse nyenyane tse kgomarelang kokwanahloko hore disele tsa masole a mmele di tsebe ho e bolaya. Di thibela mafu ditshwana le marumo kapa dibetsa tseo masole a mmele adi sebedisang ho bolaya tshwaetso.



PEOPLE'S  
COALITION



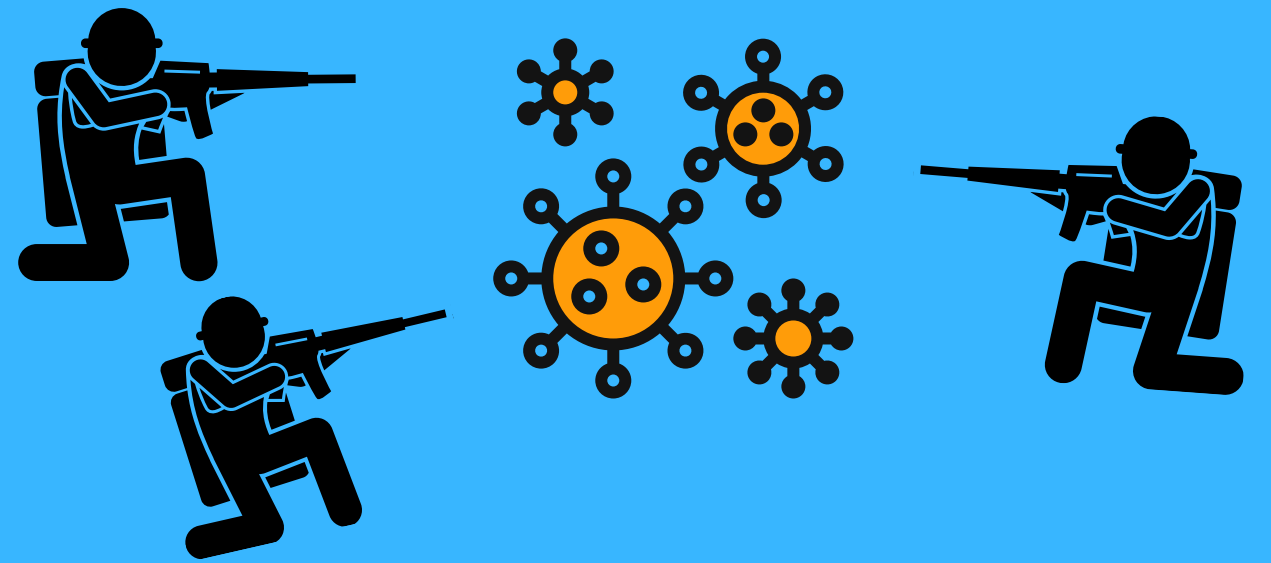
# Ente ya Covid-19: dipotso le dikarabo.



Dikwanahloko di sebedisa di sele tse mmeleng wa hao o kudisa leho nama.

Di ente di  
sebetsa  
jwang?  
(2)

Haeba o entile kgahlanong le kokwanahloko e itseng, di sele tse mmeleng wa hao di hlola tshwaetso eo di sebedisa di thibela mafu tseo didi ahileng ha one o fumana ente.



Hoba le di thibela mafu tse hopolang kokwanahloko, mmele wa hao o tla itwanela le ho hlasela kokwanahloko kapele hadi kopana le yona.

Ka tsela eo, ha ho bonolo hore o kule.

Bo Ra-Saense ba Kenya di ente ka tlasa teko e matla. O tla fumana ente ha fela hona le netefalletso ya hore ho sireletsehile hoka e sebedisa.



PEOPLE'S  
COALITION